



About Karen

Karen is a yoga teacher and trainer, medicine woman, shamanic practitioner, professional organizer, author, speaker, and spiritual teacher.

Bio

Karen J. Pierce, is a master yogi, medicine woman, professional organizer and writer. She is the author of *YogaBear: Yoga for Youngsters* and contributor to *Yoga in America*. After the Sandy Hook Shooting in her hometown on 12/14/12, she was introduced to Shamanism. She realized as a young child she was being initiated into this ancient practice. She had been having many other-worldly experiences and this explained her early affinity to the tools and technologies these indigenous teachings had to offer. After several trips to Peru, she was initiated as a medicine woman to assist in healing the trauma in her community.

Available for

Yoga

Energy Medicine

Professional Organizing

Speaking Events

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InnerSpacesbyKaren.com

“OMG in the soul retrieval (daughter) had such a clear and detailed description of her experience. She told me more tonight about her experience 12/14/12 than she has in 5 years combined. She hasn’t stopped talking. It is incredible, beyond amazing! She said she feels so good and thanked me for finding you. I would say you have absolutely helped both of us more than any therapy has. I am completely blown away and can’t wait to see where this takes her. What a beautiful experience for her.”

- A.U., Realtor